



WASHABLE TUBULAR SLIDE SHEET

Full body slide sheet for repositioning and transferring patients.

Dimensions:

Full body slide sheet 120cm x 180cm

Can be used with the Mangar Lifting Cushions.



Good Practice Points:

1. Make sure that the brakes are on the bed/trolley before commencing a movement.
2. Insert the sheets by either:
 - a) 'Log-rolling' the patient/client to one side (or top to bottom)
 - b) Unrolling directly beneath the patient.
3. Wherever possible, ask/help the patient/client to help themselves.
4. Remove the sheet by inserting your hand between both layers of the roller slide sheet and invert by withdrawing the furthest bottom edge through the middle of the sheet. This effectively 'peels' the sheet out without creating any shearing effects.
5. Make sure the sheet is large enough for the patient concerned and, for the best effect and patient/staff safety, covers head to feet.

WASHING AND CLEANING

- Please use in accordance with your organisations policies and procedures.
- Appropriate use of moving and handling equipment reduces the risk of injury/damage.
- Products must be cleaned and maintained in accordance with guidelines to prevent cross contamination and cross infection.
- Wash at 40°c-74°c.
- Tumble dry on low heat
- Do not Iron
- Do not use bleach
- Do not use fabric conditioner

INSTRUCTIONS



1

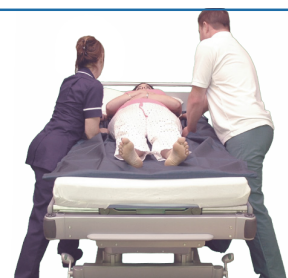
Insert your slide sheet by following any of the methods in 'Good Practice Points' or the method you have been trained in.

Please remember: a slide sheet that covers the whole body for dependent patients makes handling easy.

To move a patient up the bed. Carers face the bottom of the bed and grasp the top layer at the hip and shoulder areas (as shown). Then the carers slide the top surface over the bottom surface in the direction of the headboard and the patient will slide up the bed.

NB: Carers – keep your hands gliding on the mattress, do not lift.

2



3

To move a patient down the bed. Carers face the head of the bed and grasp the top layer at the hip and shoulder areas (as shown). Then the carers slide the top surface over the bottom surface in the direction of the feet and the patient will slide down the bed.

NB: Carers – keep your hands gliding on the mattress, do not lift.

To turn a patient. Carers face each other, agree which way they are turning the patient and then position the patient for turning. The carer to whom the patient will be turned, supports the patient as shown, helping to keep the patient in the centre of the bed. The carer who is turning the patient away from them, gathers the top layer of the slide sheet close to the hips and shoulders, and gently pulls the slide sheet towards them, keeping the slide sheet level, not pulling up.

4a



4b

To turn a patient. The patient will then turn on their own axis and be positioned safely and centrally in the bed.

NB: Carers – keep your hands gliding on the mattress, do not lift.

Removing the slide sheet. Once the patient has been repositioned the slide sheets must always be removed unless clinical advice for the person in question overrides this.

To remove. Follow the method in 'Good Practice Points' or the method you have been trained in. They will remove easily.

5



For more information visit

www.mangarhealth.com
Email: enquiries@winnicare.uk
Phone: 0800 2800 485



WIN  CARE