

# Sit-u-Up

## Clinical Business Case

The following clinical business case provides information and clinical reasoning examples, to assist the health or social care professional to support a request for funding of non-contract equipment.



### What are the needs, goals or outcomes for the service user?

- Assist the service user to rise safely and independently from lying down in bed to sitting up and vice versa.
- Maintain a comfortable sitting position in bed. The service user also requires a more structured back rest as additional support is required due to their functional ability.
- Enable the service user to adjust the angle of the backrest regularly to ensure comfort and appropriate sleeping position.
- To prevent or reduce the need for care and support.
- To minimise the risk of musculoskeletal injury to formal or informal carer.
- The service user sleeps in a double bed with their partner and needs equipment to raise himself/ herself from lying to sitting in bed and vice versa without disturbing them. They wish to continue to sleep in a double bed with their partner and does not require the functionality of a profiling bed at this stage.

### What options have been explored or considered?

#### *Bed Lever:*

- Provides the leverage to assist into sitting but does not provide the support required to maintain a sitting position.
- The service user does not have the upper limb strength to pull himself/herself into a sitting position.

#### *Backrest:*

- The service user is unable to adjust the incline of the back rest as required and is unable to keep the pillows in the most comfortable position.

#### *Mattress variator:*

- A mattress variator which sits under the mattress would be disruptive to the service user's partner.

*Include details of any refurbished equipment considered.*

### Equipment Recommended

#### *Sit-u-Up*

- Raises an individual from lying to sitting if other basic equipment is not suitable. Can also assist when getting in and out of bed by providing lateral support.
- Used if an individual requires extra support as this has a more structured back rest, with a quilt for comfort.
- The Sit-u-Up sits on top of the mattress enabling it to be fitted to any size and style of bed and causes minimal disturbance to a second person in a double bed.
- Can be operated independently or by carer.
- Inflation and deflation is controllable, allowing freedom to choose the most comfortable position.
- Reduces moving and handling risks so reducing risk of musculoskeletal injury to individual and/or carer.
- Reduces the need for other expensive equipment (e.g. profiling bed).
- Can be used on any size bed, is stable and compact, lightweight and transportable; it separates into two parts.
- Covers can be machine washed and spares can be purchased.

### What are the benefits of provision to the service user and /or carer?

- The service user will be able to:
  - ◇ Raise himself / herself safely and independently into a comfortable sitting position and lower into a lying position as required without disturbing their partner.
  - ◇ Maintain control of their own independence and well-being.
  - ◇ Continue to sleep in a double bed with their partner.
- Reduces or avoids risk of musculoskeletal injury to carer when assisting with rising to sitting position or lowering to a lying position.
- Prevents or reduces need for care and support- National average cost of care is £15.00 per hour.
- Avoids the need for a profiling bed.
  - ◇ Cost saving – approximately £140 through provision of Sit-u-Up as opposed to a profiling bed.